### People

### Director

Yoko Fujiwara (Nutritional chemistry)

#### Faculty

Yasunori Miyamoto (Neurobiology)

Narie Sasaki (Molecular and cellular biology)

Mari Gotoh (Lipid biochemistry)

Kimie Date (Glycoscience)

Chika Ando (Food chemistry)

Emi Ito (Plant cell science)

Yoko Ito (Plant cell biology)

Yoko Kanbara (Genetic counseling)

### Researchers

Kyoko Aikawa (Glycobiology)

Rie Akamatsu (Nutrition education)

Kaoruko Iida (Lifestyle medicine)

Misako Kato (Plant physiology)

Noriko Sudo (Nutrition assistance in disasters)

Aya Tanatani (Medicinal chemistry)

Kazuyoshi Chiba (Molecular and developmental biology)

Masayuki Hatta (Biology of the coral)

Hidehiko Miyake (Clinical genetics)

Yasujiro Morimitsu (Functional foods and food chemistry)

Kei Yura (Computational biology)

Ikuyo Ichi (Lipid nutrition)

Tomohiro Uemura (Plant cell biology)

Rumi Kondo (Population genetics)

Atsuko Sato (Environment, Development and Evolution)

Yoko Nitta (Culinary food science)

Motoko Sasaki (Genetic counseling)

Yoko Sato (Food service management)

Kyoko Noda (Food preservation and processing)

Hideaki Mabashi (Nutrition engineering)

Hiromu Monai (Neurophysiology and biophysics)

### Visiting Associate Professors

Tomoko Ishikawa (Nutritional chemistry)

Kan Imai

Yang, Suh-Ching

Yuka Toyoshima (Nutritional science)

Mieko Nakamura (Public health )

### Project Associate Professor

Teikichi Ikura

### **Project Associate Fellow**

Kanae Tsuii

### Research Support Member

Motoko Watanabe(Genetic Counseling)

### Academic Assistants

Rumi Ito

Mariko Onozawa

Iyoko Takinami

Yoshie Hosaka

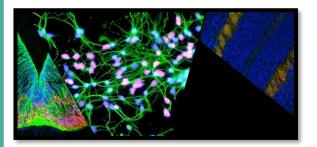


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## Ochanomizu University

# Institute for Human Life Innovation



# Life innovation for a healthy and active life

—Research and development of Institute for Human Life Innovation —

http://www-w.cf.ocha.ac.jp/ihli/

### About the IHLI

The Institute for Human Life Innovation (IHLI) is organized with the academic faculty at Ochanomizu university, who specializes in biological sciences and human life sciences. It was founded in April 2016, aimed at research and development for people to live healthy lives, as well as innovation for a safe and secure social environment.

To address social issues facing an aging society with fewer children, the IHLI has the following goals:

- 1. Fostering healthy, vibrant, and active children
- 2. Improvement of QOL throughout life and elongation of a healthy life-span
- 3. Achieve a healthy-longevity with QOL maintained

### Organization & Research content

The Institute for Human Life Innovation consists of "Biochemistry and metabolomics division", "Nutritional Science division", "Food science division", "Glycoscience division", "Genetics division" and "Development and evolution division". It promotes research focusing on the following keywords.

### OHealthy growth

### Fostering healthy, vibrant, and active children

For the young generation supporting the future of our country grow healthier, the IHLI promotes the research to propose dietary habits for the healthy growth of mental and physical of children.

### OActive daily life

# Improvement of QOL and maintenance of health

To make mental and physical health withstand stress and diseases throughout life, the IHLI promotes the research and development for prevention and improvement of inflammation, infection and metabolic syndrome. The IHLI produces education programs for various generations from adolescence to child rearing generation.

### Efforts of the Institute for Human Life Innovation

### Health promotion throughout life

### Improvement of QOL and maintenance

- [Example of research topics]
- 1: Pathogenic mechanism of obesity and metabolic syndrome
- 2: Effective lipid nutrition for prevention of life-style related
- 3. Suppression of inflammation associated with traumatic brain injury and hemorrhagic shock
- 4:Appropriate diet for elongation of a healthy life span of

## Achieve a healthy-longevity with OOL maintained

- [Example of research topics]
- 1: Evaluation of nutritional status of the elderly people
- 2: Development of the foods that contribute to the QOL for elderly people
- 3: Achievement of appropriate nutrient intake and exercise for prevention of frailty and locomotive syndrome
- 4. Promotion of social activities by senior citizens

### Healthy aging

### OMake senior citizens healthier

### Achieve a healthy-longevity with QOL maintained

To increase self-management skills of senior citizens, the IHLI supports the development of medical treatment for locomotive syndrome and neurodegenerative disease, and the promotion for appropriate diet and exercise for senior citizens.

### OApplication and development

# Development of pharmaceutical products in collaboration with companies and other research institutions

For a healthy and active life, the IHLI collaborates with companies and promotes the research and development of "Development of pharmaceutical products for osteoarthritis", "Suppression of inflammation associated with traumatic brain injury and hemorrhagic shock", and "Prevention of life-style related diseases and development of the foods that contribute to the QOL for elderly people".

### Spreading effect of research results

- O Basic understanding of biological phenomena, creation of novel regulatory strategies and elucidation for biological activities. (Scientific effects)
- O Promotion of healthy-longevity through research and development on policies for overcoming from the stress, lifestyle related diseases and aging. Healthy growth of the child, improvement of QOL, and fruition of active life for the elderly. (Social effects)

### Foster active children

# Fostering healthy, vibrant, and active children

Example of research topics 1 1: Dietary habits survey of female students

2: Qualitative changes in child's food preference

Development of pharmaceutical products in collaboration with companies and other research institutions